

# HOUSEHOLD EXPECTATIONS AGREEMENT

## FOR YOUR ADULT CHILD LIVING AT HOME

Place an "X" next to each expectation that applies (with regards to your adult child living at home) then list his or her responsibilities/chores in the spaces provided below. Printed from [www.BoomerangKidsHelp.com](http://www.BoomerangKidsHelp.com).

X	DESCRIPTION
	Pick up after yourself without having to be asked
	Rinse dirty dishes and put them in the dishwasher/sink
	Do your own laundry and remove clothes from dryer in a timely fashion
	Park your car in its designated spot only ( _____ )
	Quiet times are between ____ : ____ am/pm and ____ : ____ am/pm
	Maintain a clean and presentable room
	Notify parents if you will be out past ____ : ____ am/pm
	Your pet is your FULL responsibility
	You must have permission before using _____
	The following place(s) are off-limits: _____
	(Smoking) (Alcohol) is/are not allowed in the house (circle each that applies)
	Visitors and guests must first be okayed by one or both parents
	Must complete daily/weekly chores as listed below
	Must be employed (or actively searching) and/or in school to live at home
	OTHER:
	OTHER:

**\* ABOVE ALL ELSE: BE RESPONSIBLE, RESPECTFUL, PEACEFUL, AND PRODUCTIVE!\***

D/W	DAILY/WEEKLY RESPONSIBILITIES (CHORES)

\_\_\_\_\_ (Adult Child Living at Home)

\_\_\_\_\_ [Parent(s)]